

Steaming Lobsters & Crabs

courtesy of The Newport Lobster Shack
This timing is for up to 6 lobsters or 12 crabs in the pot.

Directions:

BOIL two inches of water in a big pot that has a tight lid.

DROP in the lobsters or crabs and COVER tightly.

BRING water back to a boil, then START TIMING.

STEAMING TIMING:

Sand or Rock/Jonah Crabs= 12-15 minutes depending on size

~1½ lb lobsters: new shell = 12 min; hard shell = 15 min

2+ lb lobsters: new shell = 17 min; hard shell = 19 min

Bigger lobsters, add 2 additional min per pound.

When done, they will be BRIGHT RED. Lobster antennae will pull out easily and crab claws will be ready to fall off.



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